

# Be Wise... **SANITIZE!**

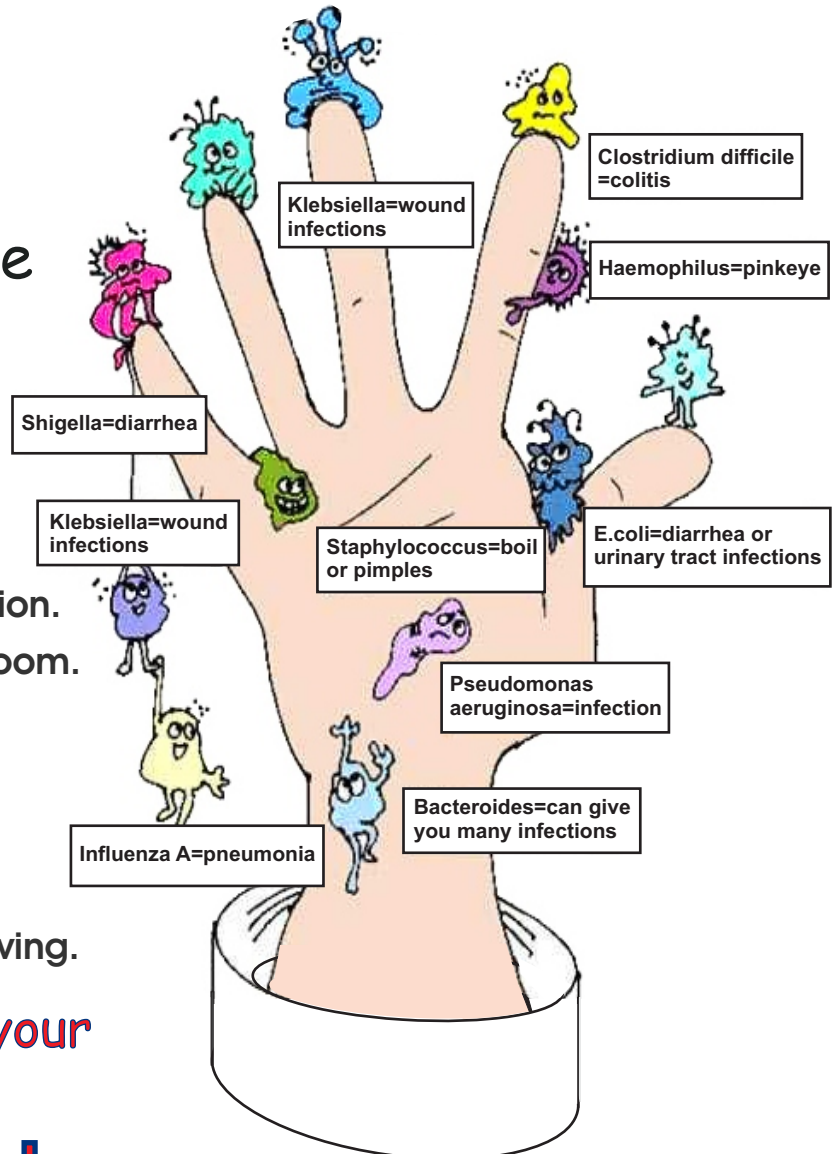
Dirty hands are bacteria's best friend.

Stay Healthy By  
Washing Your Hands  
or by using GentleCare  
Alcohol Free Hand &  
Skin Sanitizer.

- When you arrive at your destination.
- Before and after using the bathroom.
- Before and after lunch time.
- Before and after a break.
- After wiping the nose or face.
- After handling objects.
- At the end of the day before leaving.

When washing, wash your  
hands for a full:

## 30 Seconds.



P.O. Box 35 ♦ New Hill, NC 27562  
Tel: (800) 262-8670 ♦ Fax: (508)845-8816

**GentleCare**™  
Solutions  
[www.gentlecare.us](http://www.gentlecare.us)